



GEAR UP for Student Success

Washington Student Leadership programs that support GEAR UP

Know yourself. Know your options. Know how to work with others.

Introduction

In the spring of 2008, Washington Student Leadership, a program of the Association of Washington School Principals (AWSP), served seven of the 37 schools in Washington with GEAR UP grants. A successful match was experienced between the Washington Student Leadership curriculum and the GEAR UP program. In addition, AWSP's Cispus and Chewelah Peak learning centers and their challenge course facilities were incorporated into some of the GEAR UP programs. To better serve all of the GEAR UP grant schools, Washington Student Leadership has developed three program offerings. Each program is based around the cornerstone concepts of know yourself, know your options and know how to work with others.

A GEAR UP retreat at Cispus or Chewelah Peak (1 to 3 days)

In a retreat setting away from the hustle and bustle of school life, GEAR UP students learn concepts and skills as well as strengthen their peer to peer and student to staff relationships. A retreat at Cispus or Chewelah blends the use of the challenge course, the Washington Student Leadership curriculum and activities designed by the attending school. The cornerstone concepts of the retreat are based on the goals and objectives of the GEAR UP school.

Approximate total cost of a two-day retreat at Cispus or Chewelah for a group of 40 = \$3,500

One-day workshop at a school

Utilizing a school's gym, GEAR UP students are led through a three-hour series of large group activities. Each activity is further explored through small group discussion. Topics include: school climate, goal setting, overcoming obstacles and taking positive risks.

*Approximate total cost of a one-day school workshop = \$800 per day
(100 students maximum during each three-hour session)*

Summer leadership camp model (2 to 4 days)

Through an interactive camp experience, GEAR UP students learn and practice essential skills that will prepare them for success in high school and beyond. Summer camp experiences can be customized to serve students from one school or from a number of schools. GEAR UP summer camps are held at the Chewelah Peak Learning Center.

Approximate cost of a leadership camp experience = \$150-\$200 per participant.

For more information about GEAR UP retreats and workshops contact:

Cispus Learning Center
Joe Fenbert
360.497.5323
joef@awsp.org

Chewelah Peak Learning Center
Bill Barnes
509.935.7400
bill@chewelahpeak.org

For information about GEAR UP summer leadership camps contact:

Susan Fortin, Director of Washington Student Leadership

360.497.5323
susanf@awsp.org