



Serving schools since 1956

# Workshops & Trainings

## for Student Groups & Staff Development

*Washington Student Leadership—a program of the Association of Washington School Principals*

### SPECIAL PROGRAMS

#### COMMON GROUND:

##### **Group Get-Acquainted Activities**

Members of a group need to know each other to be successful. Using icebreakers, teambuilding activities, and energizers, the Common Ground workshop helps a group get acquainted, build trust and positively prepare for their tasks. This workshop is appropriate for brand new groups and groups that have already been working together. *Recommended time frame is three hours or less.*

#### ASB LEGAL ISSUES:

##### **For Students and Advisers**

ASB is unique in that the law requires students, advisers and administrators to collaborate on the use of funds for extracurricular activities. This workshop focuses on the rules, regulations, and procedures of ASB law. Participants also gain practical tips regarding budgeting, fundraiser analysis, and strategies to stay in compliance with all the regulatory agencies that have an interest in these public funds.

#### ASSEMBLY PLANNING:

##### **Practical Tips and Philosophy**

This workshop focuses on both the practical and philosophical aspects of assembly planning. Participants practice agenda development, learn dramatic performance techniques for gymnasium acoustics, and gain ideas for different types of assemblies. By exploring the concepts of the "Humor Triangle", students become better judges of the type of humor that is appropriate during a school assembly. Throughout the workshop, rich discussions are held regarding the role of assemblies in building inclusive schools.

#### CUSTOM WORKSHOPS:

Custom workshops can be designed to meet your specific needs. Topics include:

- |                                     |                                |
|-------------------------------------|--------------------------------|
| <i>Officer Responsibility</i>       | <i>Project Planning</i>        |
| <i>School Climate</i>               | <i>Sportsmanship</i>           |
| <i>Sensitivity to Others</i>        | <i>Teambuilding</i>            |
| <i>Mission Statements</i>           | <i>Constitution Revision</i>   |
| <i>Assembly Techniques</i>          | <i>Appropriate Humor</i>       |
| <i>Communication</i>                | <i>Decision Making</i>         |
| <i>Ethical Leadership</i>           | <i>Idea Generation</i>         |
| <i>Meeting Skills</i>               | <i>Idea Share</i>              |
| <i>Icebreakers &amp; Energizers</i> | <i>Parliamentary Procedure</i> |

### MOST-REQUESTED WORKSHOPS

#### SCHOOL CLIMATE:

##### **Strategies for Creating Caring Schools**

During this reflective workshop, participants analyze their current school climate and generate ideas to improve it. They also participate in teambuilding activities to strengthen their ability to work together. Specific concepts covered are Maslow's Hierarchy of Needs applied to school climate, sensitivity to others, servant leadership, and the appropriate use of humor. Additionally, students will be exposed to basic communication and decision-making techniques.

#### TEAMBUILDING:

##### **Forming Learning Communities**

Successful teams have a plan for their effectiveness. Participants in this workshop will learn the seven steps to forming a successful team: Get Acquainted, Goal Setting, Communication, Conflict Resolution, Focusing, Group Roles, and Recognizing Talents and Resources. Besides identifying teambuilding strategies to enhance these seven key components, this workshop will also introduce participants to useful theories regarding the human dynamics of group process.

#### LEADERSHIP 101:

##### **Developing a Foundation of Skills**

Through experiential learning, participants are introduced to the project-planning model I•G•E—Initiate, Generate, Evaluate. Specific concepts covered during the workshop include:

**Initiate**—setting the stage for successful meetings through icebreakers, room arrangement, and goal setting;

**Generate**—establishing communication and decision making strategies such as talking stick, idea generation, fist to five, value voting, and more;

**Evaluate**—improving the group process and product. In addition, students explore the roles and responsibilities of student leaders.

#### SPORTSMANSHIP:

##### **Making a School of Good Sports**

What does sportsmanship look like? Sound like? Feel like? What behavior should be expected from spectators, players, coaches and parents? What role do student leaders have in developing a school of good sports? In addition to exploring answers to these questions, participants will have the chance to improve their teambuilding skills and they will be introduced to the basics of project planning.

## HOW DO I BOOK A WORKSHOP?

- 1) Contact Joe Fenbert or Susan Fortin to discuss your specific needs and workshop goals.
- 2) Once a date and workshop have been selected, Washington Student Leadership will send you a workshop contract for your approval.
- 3) An invoice will be sent to you after the workshop has been conducted.

## WHAT ARE THE PRICES?

Each workshop is generally six hours, but can be shorter or longer in length depending on your need. Members of the Washington Association of Student Councils (WASC) receive a \$50 discount on workshops.

### SPECIAL PROGRAMS

#### Common Ground (three hours or less)

12-60 people	\$350 + facilitator expenses*
61-300 people	\$550 + facilitator expenses

#### ASB Legal Issues \$1000 + facilitator expenses

Schools are encouraged to register as a leadership team consisting of an ASB adviser, bookkeeper, and elected officers.

#### Assembly Planning \$800 + facilitator expenses

Schools are encouraged to register as a leadership team consisting of an ASB adviser, bookkeeper, and elected officers.

#### Custom Workshop

12-60 people	\$700 + facilitator expenses
61-120 people	\$900 + facilitator expenses

### MOST-REQUESTED WORKSHOPS

#### School Climate, Teambuilding,

#### Leadership 101, Sportsmanship

12-60 people	\$600 + facilitator expenses
61-120 people	\$800 + facilitator expenses

\* *Facilitator expenses include roundtrip mileage at .40 per mile, meal expense during the workshop, and overnight lodging if necessary.*

## WHAT ARE COMMON DESIGNS FOR ORGANIZING A WORKSHOP?

- Student officer retreats
- Leadership conferences
- Themed training with neighboring schools or league
- Student orientations
- School programs
- Local Association meetings
- Staff inservice

## WHAT IS INCLUDED?

### Facilitators:

Certified facilitators from Washington Student Leadership lead workshops. Facilitators are teachers, administrators, or professionals that are involved in some aspect of the Washington Student Leadership program. Most are associated with a summer leadership camp.

### Materials & Supplies:

Each workshop participant receives a four-page handout. Washington Student Leadership supplies all materials for activities.

### Additional Options:

To add to the atmosphere of your event, you can purchase the following customized Washington Student Leadership items:

folder	.50 each
pen	.50 each
pencil	.10 each

## WHAT TYPE OF FACILITY DO WE NEED?

The best workshop space for us is one that allows participants to sit and listen while a concept is introduced as well as break into small groups for activities. Gyms with bleachers and floor space, cafeterias/libraries with tables and floor space, or theaters with a large stage and wide aisles provide good workshop areas. It is also possible to hold a workshop in a local community hall or church that meets our space requirements.

## WHAT IF I'M LOOKING FOR A RETREAT?

The outlined workshops and trainings can easily be adapted to a retreat setting. Consider planning a retreat at one of the learning centers operated by the Association of Washington School Principals. The Cispus Learning Center is three hours south from Seattle, and the Chewelah Peak Learning Center is one hour north of Spokane. By booking a retreat at either site, you will receive reduced rates on facilitation fees for our leadership workshops and trainings.

### Washington Student Leadership

*a program of the Association of Washington School Principals*

Director	Susan Fortin	<a href="mailto:susanf@awsp.org">susanf@awsp.org</a>
Communication & Curriculum	Joe Fenbert	<a href="mailto:joef@awsp.org">joef@awsp.org</a>
Support Staff	Karen Johnson	<a href="mailto:karenj@awsp.org">karenj@awsp.org</a>
Support Staff	Jan Phillips	<a href="mailto:janp@awsp.org">janp@awsp.org</a>

Cispus Learning Center Phone: 360.497.5323  
2142 Cispus Road FAX: 360.497.5324  
Randle WA 98377-9305

[www.awsp.org/leadership](http://www.awsp.org/leadership)