

29 Student Solutions to Stop Bullying

1. Speak your mind.
2. Be courageous.
3. Take control.
4. Talk to an adult.
5. Subtly socialize.
6. Tell the bully to back off.
7. Anonymous letter to an adult about the person being bullied.
8. Convince others to help you stand up for the victim.
9. Change the subject and talk to the victim.
10. Tell a counselor secretly.
11. Stop the bullying, and then don't make a big deal out of it.
12. Random acts of kindness.
13. Include them, both the victim and the bully.
14. Listen to what they have to say.
15. Be positive.
16. Catch it while it happens.
17. Relate to both sides.
18. Get to the basics and find out where it all started then correct it.
19. Compare emotions, motives and how both sides feel about the situation.
20. Involve an adult without bringing your name into it.
21. Stand up to the bullies.
22. Help the student who is getting bullied to come up with ideas to stand up to the bully.
23. Make the victim feel accepted outside of the bullying.
24. Tell the bully to stop teasing the victim: "Hey yo! That's not how we roll."
25. Create friendships with the victim.
26. Tell the victim to walk away.
27. Make the victim look cool.
28. Help the bully overcome their problem.
29. Cheer up the victim.