

Solve It! Activity

Middle Level Regionals, February 5, 2008

Host sites:

Wapato Middle School, Wapato
Whatcom Middle School, Whatcom

Compiled by 296 student delegates

Solutions to Common Concerns:

Student Activities (spirit, lack of participation), Respect, Bullying, Gang Related Activities

Compiled by

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Student Activities (Lack of Participation, Spirit, Funds)

Ask schools if they are willing to host district dances

Teachers help before and after school

Have kids start their own clubs

More activities that involve all kids in the district.

Fundraisers

Space out sports seasons so that boys & girls have equal sports time

School should offer more variety of clubs and electives

Survey kids to find out what kinds of clubs they would join

School should allow more than one elective at a time, or add a "C" Day so that kids can have two electives without taking away class time

Some clubs during school, i.e. lunch, or during class, or before school

Choose spirit days everyone will like

Go to the Board of Directors

Parent involvement

Create more student activities/club

Open activities to the community

More fundraisers

Try to get sponsors

Let students have a choice

Advertise the activities

Have a wide variety of clubs

Build little by little (budget)

Student planning

Respect

Offer incentives for doing the right thing and help students who aren't following rules

Don't Litter

Be Kind to Peers

No Vandalism

Only say positive things

Lunch scramble

Consequences/punishments

Having rewards/respect T's

Talking to adults

The Golden Rule

Talking it out!

Gang Related Activities

In school AA meetings

Assemblies or classes to educate about the danger of drugs and alcohol

Inform students that the counselors can help them with any gang, alcohol or drug problems

Tell friends not to do any of these things

Form school groups of students against drugs and alcohol

After school activities may reduce the gang problem

Start the D.A.R.E. Program

Post the teen hotline number around the school

Invite speakers that used to be involved with gangs or drugs to come in and talk about how bad it is

Have surveys to help people know how much gang and drug/alcohol activity goes on in the school

Start support groups

No Profanity, with punishments for swearing at people

Have a counselor who is specialized in helping kids with these problems

No gang related clothes

Parents should be notified

Informational meetings for students and parents

Other kids should speak up

Uniforms

Enforce the dress code

Get parents help

School security

Enforce all school rules

After school anti-gang activities

Get a guest speaker to come and talk at an assembly

Bullying

Enforce security

Don't be a bystander

Help the victim (stand up for them)
Have rewards for kindness
Counseling for bullies
Have appropriate discipline for bullies
Classes to inform people about the bullies
Respect others and include them
Have more adult supervision after school and during lunch
Tell an adult if you see bullying
Don't support the bully
Don't bully the bully and become the bully yourself (bullies don't want to be bullied either!)
Treat everyone equally
Communicate with the Students
Tell adults
Teach others to stand up to bullies
Try to avoid them
Try to talk to the bullies
Have more self confidence
Punish the bullies
Parent teacher conferences
All school activities
Take away privileges
Hall monitors
Set good examples
Stick up for others
Don't be a bystander
Encourage others to be friendly and encourage others
Treat others the way you would like to be treated

Solve It! Activity

Middle Level Regionals, February 6, 2008

Host sites:

Cashmere Middle School, Cashmere
Chehalis Middle School, Chehalis
Enumclaw Middle School, Enumclaw

Compiled by 531 student delegates

Solutions to Common Concerns:

Cliques, Respect and Bullying Harassment

Cliques

Clique-busters skits

Mix it up!

Talk to different people

Split up

Can't sit with the same people everyday

People in cliques should always be willing to talk and hang w/anyone!

Set examples

Stamps at lunch

If your not sure if the rumor is true don't spread it

If the rumor is true ask the person before you tell others

Cross the line

Teachers assign groups

Treat others as you would want to be treated

Sit in class by commonalities

Go out for sports and after school activities

Ice breakers before class/assemblies

Sitting at different groups

Acceptance

Everyday meet someone new

Stand up to peer pressure

Don't exclude others based on beliefs or looks

Don't feel forced to stay in a group if they are not making good choices

Be yourself

Try something new

Don't treat others differently than your friends

Try to include everyone

Don't label others

Activities that combine different groups of friends

Sit with kids other than your friends

When there is a new person switch up the tables

More mixed activities
Activities for meeting new people
Cliques continued...
Split classes up
Be friends w/everyone
Don't hangout with the same people each day
Mix-up Mondays
Break down the walls
Meet new people

Respect

Caring Community – in block
Community service over other punishments
Just use your better judgment
T-shirts (anti-discrimination)
Follow the rules
Even if others don't necessarily deserve respect you should still show them respect
Highlight common values
Cultural assemblies
Use language you can use around anybody
Positive quotes
Positive peer pressure
Respect each other and property
Understanding
Involve diversity club
Education on different groups
Random acts of kindness
All kids should be taught that others are just like them!
Good report from sub earns free time, bad report earns punishment
Random acts of Kindness-Recognition
Don't talk back
Keep your opinions to yourself
Educate on respect
Reinforce respect
Reward people who are respectful
Respect assembly
Treat others how you would treat yourself
Reinforce rules
Consequences and rewards
Be a role model
Make respect a well-known word around school
Have a reward for respect
Be sensitive towards others
A three-strike rule in classrooms
Student of the week

Zero tolerance for any disrespect
Don't talk behind people's backs
Show by example

Harassment/Bullying

Tell an adult
Student lunch/hall monitors
Report Incidents
Educate
Stricter punishment
Bring in witnesses
Comment box
Ignore – Bullying (Don't give them the power)
If everyone didn't judge someone than people would most likely be nicer.
Workshops that teach about harassment
Stand up or confront the person
Have peer mediators
Fill out forms to stop harassment
Get people to talk to each other
Avoid the bully
Try to befriend the bully
Stop the bully from picking on others

Find similarities
More teachers in the hallways
Talk to the bully
Be sensitive
Listen to peoples problems
Consult with an adult
Respect their unique qualities
Stand up for people being harassed
If leaders use good language, others might follow
Don't talk behind people's back
Show that they aren't different
Try to ignore them
Interaction
Peer counseling
Projects
Leadership speakers
Police
Stand up for people!!!
Have more bullying surveys
No teasing

Solve It! Activity

Middle Level Regionals, February 7, 2008

Host sites:

Cavelero Mid High School, Lake Stevens
Chief Leschi Middle School, Tacoma
Cascade Middle School, Vancouver

Compiled by 637 student delegates

Solutions to Common Concerns:

Student Involvement, Fundraisers, Bullying/Fighting/Violence

Student Involvement

Rewards for students
Have students vote on important decisions
Student of the month
Get someone to motivate the students
More opportunities to be involved
Teachers more motivating
Class/student challenges
Rewards
Teachers more involved
Group work (working together)
Be peppy
More involvement in clubs equals more friends
Have more options for clubs
More motivation
Make dances more popp'en
More assemblies that involve students
More student led activities
Make it easier to get into clubs
Incentives-prize
Variety
Activities for everyone
Physical activities
Advertisement
Mix it up days motivation/reward
Make your month
Team topper
S.T.O.R.M.
Staff vs student activities
Pep rallies/assemblies
School magazines
ASB

Spirit days
Color wars every other Friday
Monthly activity puzzle/riddle/scavenger hunt
Spirit days every month
Staff/student games in the spring and early summer outside
A better variety of clubs and after school activities
More promotion of activities in and out of classrooms
Better music played at pep assemblies, not over-played music
Better games at the assemblies for more students to get involved
Have a democracy on the assortment of clubs provided
More sixth grade sports and not all intramural
Teach kids first, then teach the subject
Keep the students involved and not half the school in the dark on things going on
Spirit prizes to encourage school spirit
Bon fires
Different grade awards
Different types of advertising that attract all grades and social cliques
Raffles to encourage participation

Fundraisers

Car Wash
Run/walk during school
Seasonal treats (Valentines)
Dances
Raffle ticket drawing
Staff vs Students
Auction
Dance-A-Thon
Battle of the Bands
Carnival
Activity/Family Night
Car Washes
Bake sales
Penny drive
Bingo Night
Silent auctions
Teacher's night (McDonald's)
Talent Show
Selling things
Vala-gram/Crush can
Field trips
Selling school spirit clothes
Candy
Hat day
Magazine sales and prizes
Food drive
Holiday sales(Valentine, Candy Cane Grams)

Carnivals
Extra credit for participation
Choose a charity
Homeroom competitions
Concessions/snack bars at school events and activities
Vending machines with healthy snacks and drinks
Bake sale
Pay to be able to wear a hat at school
Walk-a-thon
Food drive
Magazine sales more than once a year
Cookie dough sales
Snack bars
Selling flowers for a friend
Penny drive
Better advertising so people will know about the fundraising
Make fundraisers more fun for students
Dollar dances
Sell jerky one day a week
Lollipop sales every other Friday
Staff a restaurant for a share of the profits
Better rewards for the top sellers of the fundraiser
More and better motivation
New and different fundraisers
Personalized t-shirts
Have a student store and make sure students are aware that the store benefits them
Get a parent group more involved in helping
Candy cane sales at Christmas time
Hat/binder stickers
Sell flowers, candy and balloons at Valentines Day

Bullying, Fighting, and Violence

Block off all main entry halls that lead to main halls
Have a limited passing time (hall monitors)
Don't be afraid to talk to an adult about a situation no matter what
Passing time-teachers keep watch-securiry/cops
Awareness: fight box
Build self-confidence
Talk to people you look up to/honor
Mix it up day
Rachel's Challenge
Leaders sticking up
Counselors monitoring halls and lunch
Adults being involved
Student counselors
Bullied kids programs
Tell adult, even if threatened

Solving issues before violence
Counseling
Be friendly
Tell an adult
Let them learn from their mistakes
More consequences
More rewards for people who turn bullying in
Hallway monitors
Nonviolence club
Programs for those who come from violent homes
Anger management
Team parenting
Assemblies
Mix it up!
Rachel's Challenge
Start a program
Positive activities
Get involved with the community
Sticking up for each other
Have harsher rules and consequences
Promote kindness
Give out kindness coupons
Compliment week
Peer mediators
Counselors to help with problems
Anti-bullying posters
No bullying groups
Mix-it Up activities, but more intense
Student/teacher awareness month
Comment boxes in schools that are read only by counselors
Assembly speeches done by people with experiences and skits to inform about what bullying does to people
If caught, you get punished and if you turn someone in you get a prize
Anti-bullying web pages
Cameras around the school to catch bullies in the act