

MT. RAINIER LEADERSHIP CONFERENCE

Preparing the one to empower the many

Summer 2009

Dear Delegate,

Welcome to Mt. Rainier Leadership! We look forward to sharing our program with you. The following information from the staff will help you arrive prepared.

What to expect: You will be one of approximately 280 student leaders from around the state. Our leadership staff consists of teachers, administrators, business professionals, counselors, and college students. We also have a nurse on staff. We will be housed in dormitories with bunks for 24 delegates. The bathrooms have 5 showers each and limited outlets. You will be assigned a dorm before you arrive.

When do we start? Camp begins Friday, July 24. Registration and lunch start at 11:30 a.m. If you don't come by the chartered bus service, you must arrange a ride to and from camp. **STUDENT DRIVERS ARE NOT ALLOWED.** Please plan to arrive before 1:00 p.m. We will finish at Cispus at 1:00 p.m. on Wednesday, July 29.

Note to parents or guardians: We have planned a very rewarding experience for your student. Please help us by clearing his or her calendar for the entire week. It is very disruptive to the program and the delegates to have late arrivals or early departures. In fact, delegates tell us that the last full day and final morning at camp are the most important time of all. If your student cannot attend the entire week, please talk to his or her advisor and consider sending another student who will be available for the entire program. Occasionally, it becomes necessary for a delegate to return home due to illness or a family emergency. In this case, parents are responsible for picking up their child at camp.

We look forward to your arrival and the opportunity to watch your leadership skills grow in just six short days! Please call us if you have questions.

Sincerely,

Tammy Caldwell

Tammy Caldwell
Mt. Rainier Leadership Camp



Director:
Tammy Caldwell
(360) 653-9118

Assistant Director:
Dan Kim
(425) 836-4127

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Cispus Essentials

What to bring: It is important that you bring appropriate clothes and shoes for an outdoor environment and unpredictable summer weather. We can't stress this enough. We will be outside for some activities, rain or shine. You will need casual clothes for six days, including:

- Long pants or jeans
- Two or more pair of shoes (at least 1 with closed toes)
- Warm, water-repellent jacket
- Sleeping bag or bed linens and pillow
- Bath towel and a hand towel
- Personal items, toothbrush, shampoo, etc.
- Insect repellent, sunscreen
- Money for snacks, etc.
- Watch
- One "dressier" outfit for the banquet
- Pens and pencils (notebook will be provided)
- Water bottle

Optional items to consider:

- Camera, film, batteries
- Flashlight
- Stamps and stationery
- Exercise clothes and shoes (there is an opportunity to exercise before breakfast)
- Music, instruments, or other performance necessities if you would like to participate in a talent show

Mail: You can receive mail at camp! Tell friends and family to address correspondence to:

Mt. Rainier Leadership
2142 Cispus Road
Randle, WA 98377

Phones: There are two pay phones on campus, they do not accept cash; please bring a pre-paid calling card. The phones are only available during limited times throughout the week and there are many people who wish to use them. **Cispus does not have cell phone service, so please leave your cell phones at home.**

In the case of an emergency while you are at camp, your family can reach a camp director by calling 360.497.5323 (Leadership Office) and after hours by calling 360.497.7131 (Cispus Office).

Valuables: Please leave your valuables at home. You will be staying in a dormitory with no access to locked storage. We will not be able to secure your belongings for you.

The Leadership office will handle all of your questions regarding transportation, cancellation, or substitutions, according to the policy stated in your confirmation letter. Contact them at (360) 497-5323.

